

**CENTRAL UNIVERSITY OF HARYANA**

**Third Semester Term End Examinations January 2023**

**Program: BSc Psychology (Honours)**

**Session: 2022-23**

**Semester: III**

**Max. Time: 3 Hours**

**Course Title: Understanding the self & others**

**Max. Marks: 70**

**Course Code: SHSS PSY 03 03 01 SBC 2044**

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**Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and a half Marks.

2. Questions no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q1. (4X3.5=14)

- a. Define the Self and its key characteristics.
- b. Briefly explain the meaning and nature of attitude.
- c. How does emotional intelligence help one's interpersonal skills?
- d. What is the difference between an emotion, feeling, and mood? Give a brief explanation, using examples.
- e. "Low self-esteem is comparable to driving through life with the hand brakes on."

Explain

- f. Define Self Concept and its components.
- g. Discuss the factors that contribute to attitude formation.

Q 2. (2X7=14)

- a) Describe the Johari window and its role in self-awareness and personality development for an individual.
- b) Explain the components of self and highlight their importance and relevance.

c) What is a SWOT matrix? How can you use SWOT in your own life?

Q 3.

(2X7=14)

- a) Describe a situation where you felt your self-esteem was boosted. What does it mean to have high self-esteem?
- b) Describe the stages of understanding self and their implications in a successful life.
- c) Describe the components of self-esteem and how self-esteem can be measured.

Q 4.

(2X7=14)

- a) What do you mean by the term attitude? Describe the process and significance of attitude formation.
- b) Describe the components and functions of attitudes with a practical example.
- c) How does a positive attitude play an important part in dealing with a problem? Discuss using real-world examples.

Q5.

(2X7=14)

- a) Explain the components of emotional intelligence proposed by Daniel Goleman, and give an account of how emotional intelligence enhance our lives?
- b) What are emotions, their types, and what function do positive emotions play in human well-being?
- c) Differentiate between emotional intelligence and emotional competency, what are the different ways of managing emotions.

**CENTRAL UNIVERSITY OF HARYANA**

**Term End Examinations, January 2023**

**Programme: M.A. Psychology**

**Session: 2022-23**

**Semester: III (Third)**

**Max. Time: 3 Hours**

**Course Title: Psychopathology**

**Max. Marks: 70**

**Course Code: SHSS PSY 01 03 12 C 4004**

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**Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.

Q 1.

(4X3.5=14)

- a) Write a short note on section-II of the DSM-5.
- b) Briefly explain the interpersonal model of psychopathology.
- c) Discuss the diagnostic criteria of Phobia as per DSM-5.
- d) Briefly discuss the supporting diagnosis for panic disorder.
- e) Discuss any two types of delusion with example.
- f) Briefly explain the term alcohol tolerance and alcohol withdrawal.
- g) Discuss the etiology of conduct disorder?

Q 2.

(2X7=14)

- a) Discuss the meaning and criteria's of psychopathology.
- b) Discuss the major revisions and changes in the three sections of DSM-5.
- c) Discuss in brief the psychodynamic model in the context of psychopathology.

Q3.

(2X7=14)

- a) Discuss the clinical picture and etiology of Conversion disorder.
- b) Discuss the types of dissociative disorders with highlighting the differential diagnosis of dissociative identity disorder.
- c) Discuss the clinical picture and etiology of Agora phobia and Phobia.

Q 4.

(2X7=14)

- a) Explain the types of bizarre and non-bizarre delusions. Discuss its types with supporting diagnosis.
- b) Explain the clinical picture and etiology of schizophrenia.
- c) Discuss the clinical picture and etiology Bipolar-I and Bipolar-II disorders.

Q 5.

(2X7=14)

- a) Explain the clinical picture and etiology of attention deficit hyperactivity disorder.
- b) What is the difference between diagnostic features and associated diagnosis? Briefly explain the clinical picture of any three sexual dysfunction disorders.
- c) Write a short note on the following;
  - I. Major revisions of ICD-11
  - II. Diagnostic criteria of Delirium.
  - III. Diagnostic Criteria of Conduct disorder
  - IV. Unspecified disorders

**CENTRAL UNIVERSITY OF HARYANA**

**Term End Examinations January 2023**

**Program: M.A. Psychology**

**Session: 2022-23**

**Semester: III**

**Max. Time: 3 Hours**

**Course Title: Psychological Testing**

**Max. Marks: 70**

**Course Code: SHSS PSY 01 03 14 C 4004**

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**Instructions:**

***1. Question no. 1 has seven parts and students are required to answer any four parts. Each part carries three and a half marks.***

***2. Questions no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.***

**Q 1.**

**(4X3.5=14)**

- a) Briefly trace the milestones of psychological testing.
- b) What are the different types of aptitude tests?
- c) Which according to you is the most reliable tool for personality assessment and why?
- d) Elucidate the significance of the Differential Aptitude Test.
- e) What is the need for culture fair tests in psychological testing?

**Q 2.**

**(2X7=14)**

- a) What are the different types of psychological tests used in contemporary practice?  
Describe each with their respective fields of application.
- b) Critically discuss situations in which either testing or assessment would be more appropriate. Justify your answer.
- c) Explain the main characteristics of a good psychological test. What are the crucial ethical aspects of psychological testing?

**Q3.**

**(2X7=14)**

- a) Discuss the different types of intelligence tests. Which one would you choose to measure the IQ of a 16-year-old? Justify your choice/s.
- b) Analytically review some of the major advantages and disadvantages of the Wechsler scales.
- c) Critically evaluate the various editions of the Stanford-Binet Intelligence Scale.

**Q 4.**

**(2X7=14)**

- a) Discuss the merits and demerits of any two types of personality tests.
- b) According to you, which factors need to be considered while evaluating the TAT?
- c) Explain the differences between structured, semi-structured and unstructured tests for personality assessment with suitable examples.

**Q 5.**

**(2X7=14)**

- a) Discuss the application of Psychological testing in educational setting.
- b) Differentiate between interest and attitude testing.
- c) Discuss the significance and application of psychological testing in employee selection.

**CENTRAL UNIVERSITY OF HARYANA**

**Term End Examinations January, 2023**

**Programme: B. Sc. (Hons.) Psychology**

**Session: 2022-23**

**Semester: IIIrd**

**Max. Time: 3 Hours**

**Course Title: Introduction to Personality**

**Max. Marks: 70**

**Course Code: SHSS PSY 03 03 08 FC 5106**

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**Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.

2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1.

(4X3.5=14)

- a) What is behavior genetics?
- b) Explain observation learning.
- c) Explain the concept of collective unconscious.
- d) Briefly describe the concepts of real and ideal self.
- e) Show your familiarity with dynamic lattice.
- f) Describe about unconditional positive regard.
- g) Briefly explain the characteristics of Tridosha personality.

Q 2.

(2X7=14)

- a) Highlight the ideographic and nomothetic approaches in brief.
- b) How hereditary factors influence personality? Justify with research evidences.
- c) Describe the meaning and nature of personality in detail.

Q3.

(2X7=14)

- a) Critically evaluate the Triguna theory of personality.
- b) Show your familiarity with Sheldon's type theory of personality.
- c) Critically evaluate the Galen's approach of personality.

Q 4.

(2X7=14)

- a) Critically evaluate the dynamics aspect of Freudian personality approach.
- b) Show your familiarity with Erickson' theory of personality in brief.
- c) Discuss about individual psychology in brief.

Q 5.

(2X7=14)

- a) Show your familiarity with structure of 16 PF in brief.
- b) Highlight the Allport's trait theory in brief.
- c) Critically discuss Thematic Apperception Test.



**CENTRAL UNIVERSITY OF HARYANA**  
**Odd Semester Term End Examinations January 2023**

**Programme: B.Sc. Hons. Psychology**  
**Semester: III**  
**Course Title: Social Psychology**  
**Course Code: SHSS PSY 03 03 07 FC 5106**

**Session: 2022-23**  
**Max. Time: 3 Hours**  
**Max. Marks: 70**

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**Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Define Social Psychology.
- b) Define self and its types in brief.
- c) How can social psychology be applied at workplace?
- d) Differentiate between Primary and Secondary group.
- e) Briefly discuss the components of attitude.
- f) Explain prejudice with the help of an example.
- g) What are the personal determinants of prosocial behavior?

Q 2. (2X7=14)

- a) "Indian history of social psychology is more or less replication of western experiments."  
Comment on this statement.
- b) Explain different approaches to study social psychology in detail.
- c) Discuss the areas of application of Social Psychology.

Q3. (2X7=14)

- a) "Attitudes once formed are relatively permanent", discuss the formation of attitudes.
- b) How is social cognition different from social perception?
- c) Explain social identity theory and its functions.

Q 4. (2X7=14)

- a) Explain balance theory in detail.
- b) Can aggression be managed? Give detailed explanation.
- c) Define social influence. Discuss the different forms of social influence

Q 5. (2X7=14)

- a) What are the various basis of classification of groups?
- b) What is intergroup conflict? Give a detailed explanation of intervention techniques to cope up with it.
- c) Explain the process of cooperation and conflict in a group.



**CENTRAL UNIVERSITY OF HARYANA**

**Term End Examinations January, 2023**

**Programme: M.A. Psychology**

**Session: 2022-23**

**Semester: III**

**Max. Time: 3 Hours**

**Course Title: Mental Abilities**

**Max. Marks: 70**

**Course Code: SHSS PSY 03 03 08 FC 5106**

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**Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1.

(4X3.5=14)

- a) What is operational definition of intelligence?
- b) Explain phenotype and genotype.
- c) Explain any two issues regarding measurement of intelligence.
- d) Briefly describe the concept of emotional intelligence.
- e) Discuss the relationship between creativity and Openness to Experience in view of recent studies.
- f) Describe the fluency and flexibility dimensions of creativity.
- g) Briefly explain the characteristics of intrinsic and extrinsic motivation.

Q 2.

(2X7=14)

- a) Highlight the historical views about intelligence.
- b) How psychometric theories of intelligence are important? Justify with research evidences.
- c) Show your familiarity with neurological foundation of intelligence.

Q3.

(2X7=14)

- a) Write a detailed note on Sternberg's theory of intelligence.
- b) Write a note on following tests of intelligence:
  1. Cattell's Culture Fair Test of Intelligence.
  2. RPM
- c) Throw light on biological measures of intelligence.

Q 4.

(2X7=14)

- a) Critically evaluate the psychodynamic approach of creativity.
- b) Show your familiarity with genetic factors of creativity.
- c) Discuss about 6 Ps of creativity in detail.

Q 5.

(2X7=14)

- a) Show your familiarity with emergence and structure of TTCT.
- b) Highlight the relationship between intelligence and creativity with research evidences.
- c) Write a note on following research trends:
  - 1. Creativity and culture.
  - 2. Creativity in eminent people.

**CENTRAL UNIVERSITY OF HARYANA**

**Third Semester Term End Examinations January 2023**

**Program: MA Psychology**

**Session: 2022-23**

**Semester: III**

**Max. Time: 3 Hours**

**Course Title: Psychological Testing**

**Max. Marks: 70**

**Course Code: SHSS PSY 01 03 14 C 4004**

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**Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and a half Marks.
2. Questions no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q1. (4X3.5=14)

- a. State the characteristics of Psychological testing.
- b. Briefly explain the Modern Psychological Testing .
- c. What is Intelligence testing explain with the help of an example of a test?
- d. Discuss Stanford Binet Intelligence Scales.
- e. Explain the types of Personality tests with example.
- f. Write a short not on Sentence Completion tests.
- g. Explain application and use of Differential aptitude test.

Q 2. (2X7=14)

- a) Describe types of psychological testing with suitable examples.
- b) Discuss the various historical antecedents by highlight their importance and relevance.
- c) Enumerate and discuss the ethics in psychological testing?

Q 3. (2X7=14)

- a) Describe various types of ability tests by explaining any one test in detail?



b) State the importance of Culture fairness of a psychological tests. State the examples of tests based on cultural variation.

c) Discuss intelligence assessment using Wechler Intelligence scales in detail.

Q 4.

(2X7=14)

a) Define Personality and discuss various types of personality tests.

b) Discuss the importance and use of unstructured tests by explaining a suitable test.

c) Describe Draw a Man and House tree Person test in detail by highlighting its application and use.

Q5.

(2X7=14)

a) Explain the concept of Interest, Aptitude and Attitude testing by highlighting the importance of each one of them.

b) How as a psychologist working in a Counseling setting will you use psychological testing.

c) Compare and contrast the application of psychological testing in Counseling and Guidance setup as a psychologist.





**Central University OF Haryana**  
**Term-End Examination, January, 2023**

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**Department of Psychology**

**Course Name:** Psychology and Mental Health (GEC)

**Semester-III**

**Maximum Time:** 3 Hours

**Course Code:** SHSS PSY 03 03 03 GEC 5106

**Maximum Marks:** 70

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**Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
  2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.
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**Q 1.**

**(4X3.5=14)**

- a) What do you understand by term "Epidemiology"?
- b) Differentiate between Mental Health and Mental illness.
- c) What are the different Types of guidance? Explain Briefly
- d) What do you understand by Reflective listening?
- e) Differentiate between Action Therapy and Insight therapy.
- f) Define Generalized Anxiety disorder (GAD).
- g) Differentiate between Bipolar disorder and Mania.

**Q 2.**

**(2X7=14)**

- a. What is the importance of Mental Health in current time? Identify the issue of mental health in India.
  - b. Define the concept of epidemiology in detail with reference to disorder like Depression and Suicide.
  - c. What are the most prevalent mental health issues worldwide? Explain in details.
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**Q3.**

**(2X7=14)**

- a. What is anxiety Disorder? Explain its Types in detail.
- b. Describe the various forms of depression including their causes, sign and Symptoms.
- c. Discuss the preventive measure of suicidal behaviour.

**Q4.**

**(2X7=14)**

- a. Explain RAPID model of Psychological first aid in detail.
- b. How would you recognise that an individual needs Psychological support?
- c. Explain different elements of psychological first aid.

**Q5.**

**(2X7=14)**

- a. Enlist types of counselling. Differentiate between Directive and Non Directive Counselling.
- b. Describe different types of therapies used in mental health care and support.
- c. What are the similarities and differences between guidance and counselling?

# CENTRAL UNIVERSITY OF HARYANA

Term End Examinations January 2023

Programme: MA Psychology

Session: 2022-23

Semester: III

Max. Time: 3 Hours

Course Title: Organizational Behaviour

Max. Marks: 70

Course Code: SHSS PSY 01 03 11 DCEC 4004

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## Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and a half Marks.
2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Briefly state the Historical Background of Organizational behaviour.
- b) Write briefly about the scope and nature of organizational behaviour using examples.
- c) Explain VIE model in the context of organizational behaviour.
- d) Compare Herzberg and McClelland's model in context with organizational behaviour.
- e) Explain what is Hersey and Blanchard's situational model of leadership.
- f) Explain briefly about transactional leadership.
- g) What are the different types of organizational communication?

Q 2. (2X7=14)

- a) Enumerate upon trends and challenges of organizational behaviour.
- b) Discuss diversity and ethics in context with organizational behaviour
- c) Elaborate the characteristics and purpose of organizational culture using a suitable example

Q3. (2X7=14)

- a) Give detailed explanation of Maslow's theory of motivation.
- b) Compare and contrast motivation theory of Herzberg's and McClelland's
- c) Discuss the quality of work life model.

Q 4. (2X7=14)

- a) Describe Fiedler's contingency model in detail.
- b) Describe self and super leadership in detail.
- c) Contrast between transactional and transformational leadership.

Q 5. (2X7=14)

- a) Write about different sources of conflict and its consequences in context with organizational behaviour.
- b) Elaborate on types of conflict and their resolutions with examples
- c) Discuss the different types of organizational communication.



# CENTRAL UNIVERSITY OF HARYANA

Term End Examinations January 2023

Programme: M.A. Psychology

Session: 2022-23

Semester: III

Max. Time: 3 Hours

Course Title: SOCIAL AND COMMUNITY PSYCHOLOGY

Max. Marks: 70

Course Code: SHSS PSY 01 03 03 GEC 4004

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## Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.

2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Define Social Psychology.
- b) Is Social Psychology a Science? Why/ Why not?
- c) Describe the merits of Cross Cultural method?
- d) Define group.
- e) Briefly discuss the components of attitude.
- f) What is meant by deprived groups?
- g) Discuss any one social problem?

Q 2. (2X7=14)

- a) Discuss the use of Survey method in understanding social phenomenon.
- b) Explain the scope of Social Psychology.
- c) Describe Social Psychology of everyday life.

Q3. (2X7=14)

- a) Define attitude and explain its formation.
- b) Discuss the process of social influence.
- c) Explain pro social behavior and its determinants?

Q 4. (2X7=14)

- a) Explain Community Psychology?
- b) How can small groups be used for social action?
- c) Explain Community Consciousness.

Q 5. (2X7=14)

- a) Describe Leadership and types of leaders.
- b) What is deprivation? What are its consequences?
- c) Explain strategies for social change.



# Central University OF Haryana

Term-End Examination, January, 2023

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## Department of Psychology

Course Name: Psychology and Mental Health (GEC)

Semester-III

Maximum Time: 3 Hours

Course Code: SHSS PSY 03 03 03 GEC 5106

Maximum Marks: 70

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### Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
  2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.
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Q 1.

(4X3.5=14)

- a) What do you understand by term "Epidemiology"?
- b) Differentiate between Mental Health and Mental illness.
- c) What are the different Types of guidance? Explain Briefly
- d) What do you understand by Reflective listening?
- e) Differentiate between Action Therapy and Insight therapy.
- f) Define Generalized Anxiety disorder (GAD).
- g) Differentiate between Bipolar disorder and Mania.

Q 2.

(2X7=14)

- a. What is the importance of Mental Health in current time? Identify the issue of mental health in India.
- b. Define the concept of epidemiology in detail with reference to disorder like Depression and Suicide.
- c. What are the most prevalent mental health issues worldwide? Explain in details.

Q3.

(2X7=14)

- a. What is anxiety Disorder? Explain its Types in detail.
- b. Describe the various forms of depression including their causes, sign and Symptoms.
- c. Discuss the preventive measure of suicidal behaviour.

**Q4.**

**(2X7=14)**

- a. Explain RAPID model of Psychological first aid in detail.
- b. How would you recognise that an individual needs Psychological support?
- c. Explain different elements of psychological first aid.

**Q5.**

**(2X7=14)**

- a. Enlist types of counselling. Differentiate between Directive and Non Directive Counselling.
- b. Describe different types of therapies used in mental health care and support.
- c. What are the similarities and differences between guidance and counselling?



**CENTRAL UNIVERSITY OF HARYANA**

**Second Semester Term End Examinations, January 2023**

**Programme: M.A. Psychology**

**Session: 2022-23**

**Semester: IV (Fourth)**

**Max. Time: 3 Hours**

**Course Title: Clinical Psychology**

**Max. Marks: 70**

**Course Code: SHSS PSY 01 04 16 C 4004**

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**Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.

Q 1.

(4X3.5=14)

- a) Briefly explain the scope of Clinical Psychology.
- b) Differentiate between aspirational and standards ethical principles given by APA.
- c) Discuss the goal of psychotherapies.
- d) What is the purpose of clinical assessment? Discuss briefly.
- e) Discuss any two types of family therapy.
- f) Define the concept of crisis intervention.
- g) Discuss the concept of Vipasna and its benefits.

Q 2.

(2X7=14)

- a) Discuss the nature and historical perspective of clinical psychology.
- b) What is ethics? Discuss any seven ethical standards given by American Psychological Association.
- c) Differentiate between biological and humanistic model of clinical psychology.

Q3.

(2X7=14)

- a) Discuss the meaning of clinical assessment with the salient features of case history method.
- b) Explain the Bender Visual Motor Gestalt test in detail with any one method of scoring.
- c) Discuss the seven tests with scoring criteria of Halstead-Reitan Neuropsychological battery.

Q 4.

(2X7=14)

- a) Differentiate between counselling and psychotherapy and explain the cognitive behavior therapy in detail.
- b) Discuss the salient features of biological therapy by explaining the advantages of Electro-convulsive therapy and Drugs.
- c) What is psychoanalysis? Discuss the advantages and disadvantages of psychoanalytic therapy.

Q 5.

(2X7=14)

- a) What is clinical intervention? Explain the stress inoculation techniques in detail.
- b) Explain the concept of community intervention and its principles.
- c) Write a short note on the following;
  - I. Techniques of crisis intervention.
  - II. Yoga
  - III. Meditation
  - IV. Group Therapy.